

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Meat, Fish, and Seafood Mains	Piri Piri Chicken Chicken Breast, Garlic, Shallots, Bell Pepper, Fresno Chiles, Parsley, Cilantro, Paprika, Oregano, Lemon Zest and Juice, Red Wine Vinegar, Olive Oil, Salt	Slow Roasted Pork Shoulder Pork Shoulder w/ Mojo sauce- Garlic, Coriander, Cumin, Orange Juice, Lime, Oregano, Mint, Cilantro, Olive Oil, Salt, Pepper	Roasted Snapper Local Snapper, Olive Oil, White Wine Vinegar, Salt, Red Onion, Fennel, Dill	Grilled Short Ribs Beef Short Ribs, Salt, Pepper, Chermoula Seasoning, Grapefruit, Radish, Red Onion, Cilantro, Mint, Olive Oil	Turkey Gyro Bowl Turkey Breast, Salt, Pepper, Garlic, Sumac, Cumin, Lentils, Cucumber, Tomato, Red Onion, Chickpeas, Toasted Pita, Greens, Greek Yogurt Sauce
Vegetable Mains	Portuguese Kale Stew Onion, Garlic, Potato, Vegan Chorizo, Kale, Crushed Tomatoes, Olive Oil, Chickpeas, Salt, Pepper	Chickpea Salad Chickpeas, Shallots, Garlic, Poblano Chiles, Green Onions, Cilantro, Olive Oil, Lime, Seitan, Cotija Cheese	Vegan Spanish Tortilla Potato, Caramelized Onions, Chickpea Flour, Nutritional Yeast, Garlic Powder, Turmeric, Flax Meal, Baking Powder, Water, Salt, Pepper, Green Onions	Grilled Tofu Tofu, Chermoula- Cilantro, Fresno Chiles, Garlic, Paprika, Cumin, Salt, Saffron, Olive Oil, Lemon, Quick Pickled Red Onions, Cilantro for Garnish	Vegetarian Gyro Bowl Grilled Eggplant, Salt, Pepper, Garlic, Sumac, Cumin, Lentils, Cucumber, Tomato, Red Onion, Chickpeas, Toasted Pita, Greens, Greek Yogurt Sauce
Vegetable Side	Radish Salad Radish, Fresh Herbs, Lemon, Olive Oil, Salt, Pepper, Wild Arugula	Beet Salad Beets, Carrots, Spinach, Toasted Pumpkin Seeds, Red Quinoa, Cider Vinaigrette- Apple Cider Vinegar, Lime, Olive Oil, Lime, Cilantro, Honey, Dijon, Salt, Pepper	Grilled Green Bean Salad Long Beans, Bell Peppers, Radish, Toasted Almonds, Green Onions, Grilled Lemon Dressing- Lemon, Olive Oil, Dijon Mustard, Salt, Pepper	Brussels and Cabbage Salad Brussels Sprouts, Purple Cabbage, Apple, Walnuts, Honey, Dried Cranberries, Lemon, Apple Cider Vinegar, Olive Oil, Salt	Roasted Carrots Carrots, Salt, Cumin, Cayenne, Chili Powder, Paprika, Garlic, Onion Powder, Oregano, Wild Arugula, Golden Raisins, Pumpkin Seeds, Avocado, Lemon, Olive Oil