

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat, Fish, and Seafood Mains</b>	<b>Harissa Grilled Chicken Bowl</b>  Boneless Chicken Breast, Harissa, Olive Oil, Salt, Pepper, Mixed Chicories, Pearl Barley, Roasted Sweet Potatoes, Pistachios, Dried Cherries, Feta Cheese, Shallot Dressing- Shallot, Rice Wine Vinegar, Lemon, Olive Oil, Salt, Pepper	<b>Seafood Stew</b>  Shrimp, White Fish, Onion, Garlic, Carrots, Celery, Fresno Chiles, Thyme, Bay Leaves, Parsley, Oregano, White Wine, Tomato, Olive Oil, Salt, Pepper, Chili Flakes	<b>Grilled Flat Iron Steak</b>  Flat Iron Steak, Salt, Five Spice, Olive Oil Serrano Chimichurri- Cilantro, Parsley, Red Onion, Garlic, Olive Oil, Lemon, Serrano Chiles, Dijon Mustard, Salt, Pepper, Pickled Chiles, Cilantro, Green Onions	<b>Slow Roasted Pork</b>  Pork Shoulder, Kumquat Chutney- Kumquats, Onion, Garlic, Ginger, Brown Sugar, Vinegar, Cumin, Star Anise, Cayenne, Olive Oil, Salt, Pepper	<b>Turkey Enchiladas</b>  Turkey, Queso Fresco, Cilantro, Chile Verde Sauce- Tomatillos, Poblano Chiles, Jalapeno, Cilantro, Lime, Garlic, Greek Yogurt, Red Onion, Queso Fresco, Corn Tortillas
<b>Vegetable Mains</b>	<b>Grilled Harissa Carrot Bowl</b>  Carrots, Harissa, Olive Oil, Honey, Salt, Pepper, Mixed Chicories, Pearl Barley, Roasted Sweet Potatoes, Pistachios, Dried Cherries, Feta Cheese, Pistachios, Shallot Dressing- Shallot, Rice Wine Vinegar, Lemon, Olive Oil, Salt, Pepper	<b>White Bean and Spinach Stew</b>  Cannellini Beans, Onion, Garlic, Carrot, Celery, Vegetable Stock, Oregano, Thyme, Basil, Sage, Salt, Black Pepper, Spinach, Grana Padano Cheese	<b>Roasted Sweet Potatoes</b>  Sweet Potatoes, Pickled Onions, Spicy Almonds, Goat Cheese, Cilantro Sauce- Cilantro, Garlic, Lemon, Olive Oil, Jalapeno, Capers, Salt, Pepper	<b>Marinated Mushroom Salad</b>  White Wine Vinegar, Capers, Radish, Green Onions, Thyme, Oregano, Fennel Seeds, Salt, Pepper, Sesame Oil, Cremini Mushrooms, Shiitake Mushrooms, Shallots, Grape Seed Oil, Farro	<b>Black Bean Enchiladas</b>  Black Beans, Onion, Garlic, Bell Pepper, Chili Powder, Cumin, Turmeric, Spaghetti Squash, Corn Tortillas, Salsa Roja- Tomato Paste, Tomato, Chipotle in Adobo, Garlic Powder, Onion Powder, Salt, Cumin, Salt, Pepper
<b>Vegetable Side</b>	<b>Spicy Cauliflower Salad</b>  Cauliflower, Black Lentils, Pickled Onions, Olive Oil, Chili Flakes, Cilantro Dressing- Cilantro, Lemon, Garlic, Serrano Chiles, Tofu, Almond Milk, Salt, Pepper, Cumin, Coriander	<b>Grilled Broccolini</b>  Broccolini, Grilled Lemon, Toasted Pine Nuts, Aleppo Chiles, Shallots, Parsley, Chives, Salt, Pepper, Olive Oil	<b>Jicama and Radish Salad</b>  Jicama, Radish, Cucumber, Shallot, Cilantro, Parsley, Yuzu, Rice Wine Vinegar, Grape Seed Oil, Olive Oil, Tamari	<b>Apple and Endive Salad</b>  Belgian Endive, Hazelnuts, Shallots, Olive Oil, Lemon Juice, Honey, Apples, Salt, Pepper	<b>Tomatillo and Chayote Slaw</b>  Chayote, Tomatillos, Onion, Lime, Salt, Parsley, Cilantro, Parsley, Pickled Kumquats