

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Meat, Fish, and Seafood Mains	Seafood Chowder Shrimp, Clams, Onion, Garlic, Serrano Chiles, Celery, Potato, Corn, Bell Pepper, Olive Oil, Salt, Pepper, Chives, Coconut Milk, Old Bay Seasoning	Char Siu Pork Pork Shoulder, Brown Sugar, Salt, Five Spice, White Pepper, Rice Wine, Sesame Oil, Hoisin, Molasses, Garlic, Rice Bran Oil, Honey, Scallions, Toasted Sesame Seeds	Moroccan Chicken Chicken Thighs, Coriander, Cumin, Turmeric, Paprika, Cayenne Pepper, Cinnamon, Chili Flakes, Salt, Pepper, Olive Oil, Onion, Carrots, Garlic, Tomato, Lemon, Green Olives, Parsley, Cilantro	Marinated Skirt Steak Steak, Chili Flakes, Orange Juice, Lime Juice, Honey, Tamari, Onion, Garlic, Cumin, Oregano, Seasoning Mix-Ancho Chile Powder, Garlic Salt, Pepper, Garnish Sauce-Parsley, Cilantro, Lemon, Chili Flakes, Garlic, Worcestershire, Rice Bran Oil	Chicken Larb Bowls Ground Chicken, Garlic, Green Onions, Tamari, Fish Sauce, Sambal Olek, Serrano Chiles, Brown Sugar, Salt, Pepper, Steamed Rice, Lime Wedges, Pickled Onions, Cilantro, Scallions
Vegetable Mains	Summer Corn Chowder Onion, Celery, Carrots, Serrano Chiles, Tomato, Bell Pepper, Corn, Potatoes, Garlic, Thyme, Salt, Pepper, Coconut Milk, Olive Oil, Chives, Old Bay Seasoning	Soba Noodle Salad Soba Noodles, Snap Peas, Carrots, Bell Pepper, Sesame Seeds, Scallions, Cilantro, Miso Dressing- Miso Paste, Rice Vinegar, Sesame Oil, Tamari, Mirin, Agave, Grape Seed Oil, Salt, Pepper	Moroccan Chickpeas Chickpeas, Olive Oil, Onion, Celery, Carrots, Turmeric, Cumin, Harissa, Parsley, Cilantro, Tomatoes, Vegetable Stock, Lentils, Lemon Juice, Salt, Pepper	Corn and Poblano Salad Corn, Poblanos, Mushrooms, Salt, Pepper, Cilantro, Onion, Garlic, Lime, Cumin, Salt, Pepper, Vegan "Crema" Almonds, Garlic, Lime, Salt, Chipotle	Spicy Yuba Bowls Spicy Yuba Strips, Garlic, Green Onions, Tamari, Serrano Chiles, Brown Sugar, Salt, Pepper, Steamed Rice, Lime Wedges, Pickled Onions, Cilantro, Scallions
Vegetable Side	Heirloom Tomato Salad Tomatoes, Onion, Basil, Cucumber, Mozzarella, Red Wine Vinegar, Olive Oil, Salt, Pepper	Cucumber Kimchi Cucumber, Kimchi, Rice Wine Vinegar, Salt, Korean Chili Flakes, Sesame Seeds	Cauliflower Salad Cauliflower, Olive Oil, Salt, Pepper, Cherry Tomatoes, Dill, Arugula Mustard Vinaigrette-Whole Grain Mustard, Apple Cider Vinegar, Garlic, Olive Oil, Capers	Honeydew and Fennel Salad Honeydew, Fennel, Toasted Pistachios, Aleppo Chili Powder, Olive Oil, White Wine Vinegar, Lemon, Salt	Mixed Bean Salad Chinese Long Beans, Yellow Wax Beans, Shallots, Ginger, Lemongrass, Garlic, Olive Oil, Salt, Pepper, Coriander, Roasted Peanuts, Lime Zest and Juice, Brown Sugar, Cilantro