

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Meat, Fish, and Seafood Mains	Pork Pozole Pork Shoulder, Hominy, Onion, Ancho Chilies, Guajillo Chiles, Chili Powder, Cumin, Radish, Cabbage, Cilantro, Lime Juice, Tomato, Salt, Pepper	Five Spice Chicken Noodle Bowl Chicken Thighs, Hoisin, Five Spice, Oyster Sauce, Soy Sauce, Honey, Garlic, Udon Noodles, Cucumber, Mung Bean Sprouts, Cilantro, Mint, Green Onions, Pickled Fresno Chiles, Toasted Sesame Seed	Seared Salmon with Pine nut Salsa Salmon, Salt, Pine Nut Salsa-Currants, Celery, Pine Nuts, Olive Oil, Capers, Castelvetro Olives, Saffron, Parsley, Lemon Zest and Juice	Grilled Flat Iron Steak Beef, Garlic Powder, Chili Powder, Smoked Paprika, Olive Oil, Garlic, Mushrooms, Onions, Salt, Pepper	BBQ Cajun Shrimp Shrimp Worcestershire Sauce, Pepper, Butter, Olive Oil, Lemon Juice, Green Onion, Cajun Blackening Seasoning-Cayenne Pepper, Salt, Black Pepper, Onion Powder, Garlic, Oregano, Thyme
Vegetable Mains	Vegetarian Pozole Hominy, Black Beans, Onion, Ancho Chilies, Guajillo Chiles, Chili Powder, Cumin, Radish, Cabbage, Cilantro, Lime Juice, Tomato, Salt, Pepper	Marinated Tofu Noodle Bowl Tofu Hoisin, Five Spice, Soy Sauce, Honey, Garlic, Udon Noodles, Cucumber, Mung Bean Sprouts, Cilantro, Mint, Green Onions, Pickled Fresno Chiles, Toasted Sesame Seed	Green Lentils with Eggplant, Tomato, and Yogurt Lentils, Onion, Eggplant, Cherry Tomatoes, Olive Oil, Lemon, Garlic, Oregano, Salt, Pepper, Greek Yogurt	Mushroom Pasta Pasta, Mushrooms, Onions, Garlic, Chili Flakes, Olive Oil, Pecorino Cheese, Parsley, Salt, Pepper	Vegan Polenta w/Blackened Chickpeas Polenta, Salt, Pepper, Thyme, Onion, Bell Pepper, Chickpeas, Cajun Blackening Seasoning-Cayenne Pepper, Salt, Black Pepper, Onion Powder, Garlic, Oregano, Thyme, Lemon Juice
Vegetable Side	Shaved Brussels Sprout and Quinoa Salad Brussels Sprouts, Red Quinoa, Red Onion, Bell Pepper, Lime Juice, Cilantro, Salt, Pepper, Jalapeno	Cucumber Salad Cucumber, Chipotle Peanuts, Cilantro, Lime, Radish, Cumin, Salt, Red Onion	Cauliflower Pomegranate and Pistachio Salad Cauliflower, Onion, Olive Oil, Parsley, Mint, Tarragon, Pomegranate Seeds, Pistachios, Cumin, Lemon, Salt	Herby Potato Salad Baby Potatoes, Creme Fraiche, Dill, Parsley, Garlic, Lemon, Olive Oil, Salt, Pepper	Black Eyed Pea Salad Black Eyed Peas, Butter Beans, Salt, Pepper, Lemon Juice, Onion, Bell Pepper, Celery, Arugula, Jalapeno Peppers, Red Wine Vinegar, Olive Oil, Thyme